



Mana at the centre of youth development approaches





An iceberg floating in a blue ocean under a blue sky with white clouds. The tip of the iceberg is above the water line, while the much larger base is submerged. The word 'Behaviour' is written in red above the water line. The word 'Needs' is written in yellow just below the water line. The words 'Logic' and 'Emotions' are written in yellow further down the submerged part of the iceberg.

**Behaviour**

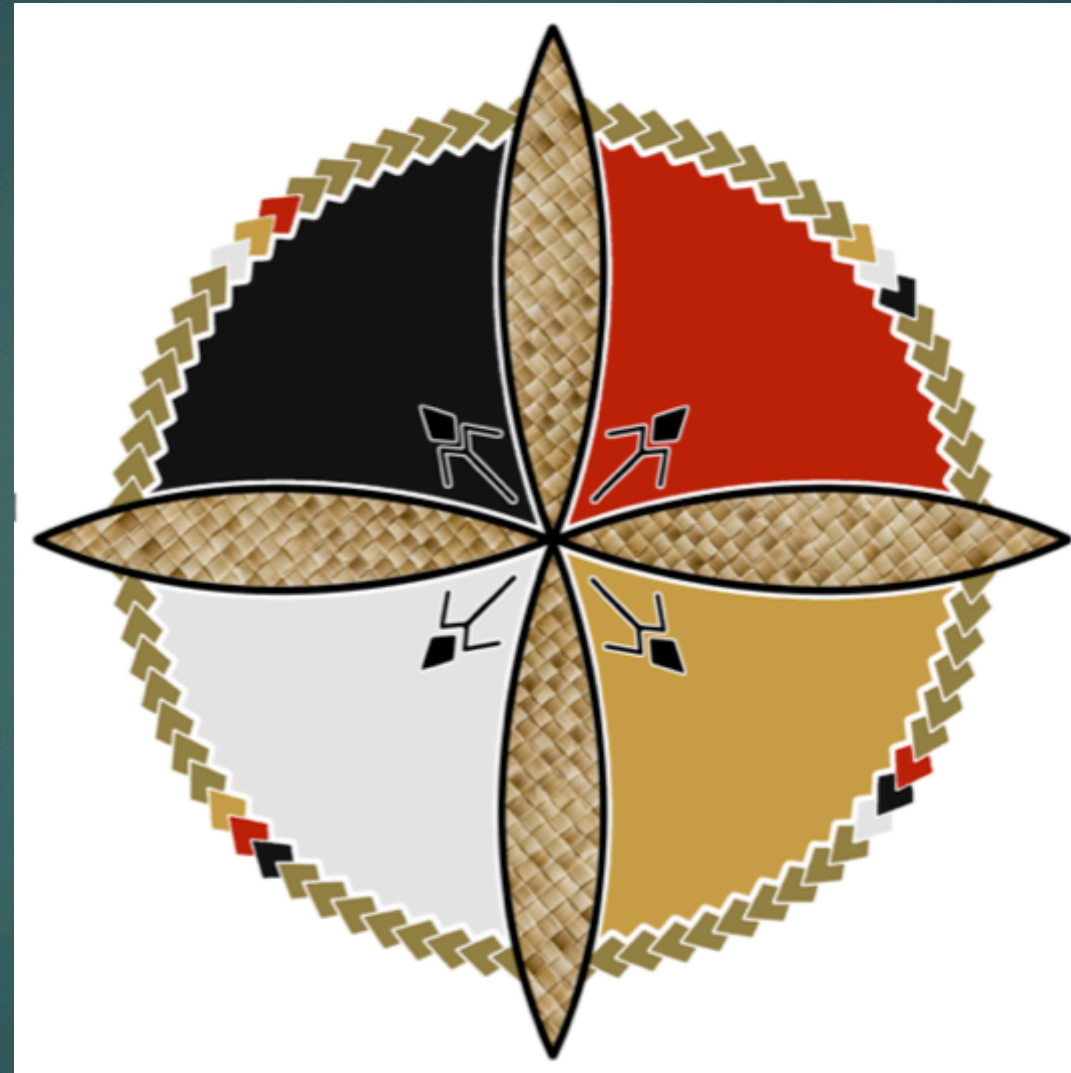
**Needs**

**Logic**

**Emotions**

# The Circle of Mana:

**Independence**



**Generosity**

**Belonging**

**Mastery**



my mana is enhanced when...



...I belong





Whanau Whakapapa



Situational Whanau  
(Whanau Tihokahoka)



Kaupapa Whanau



my mana is enhanced when...



...I experience feeling competent



my mana is enhanced when...



...I can use what I'm good at



my mana is enhanced when...

...I can  
influence my  
world





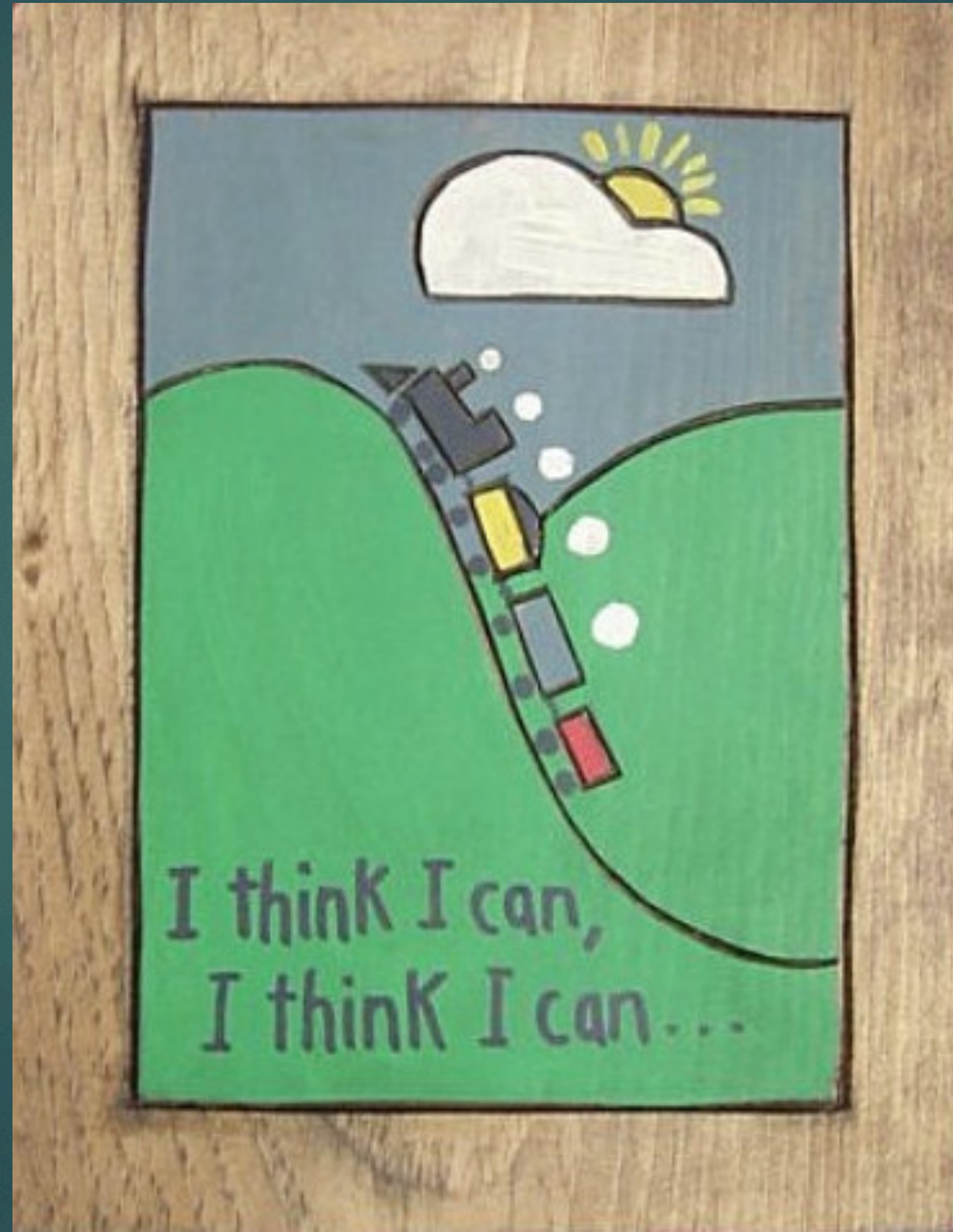
# What builds (or erodes) efficacy? (in order):



1. Personal Experiences of success



2. Feedback and expectations from others



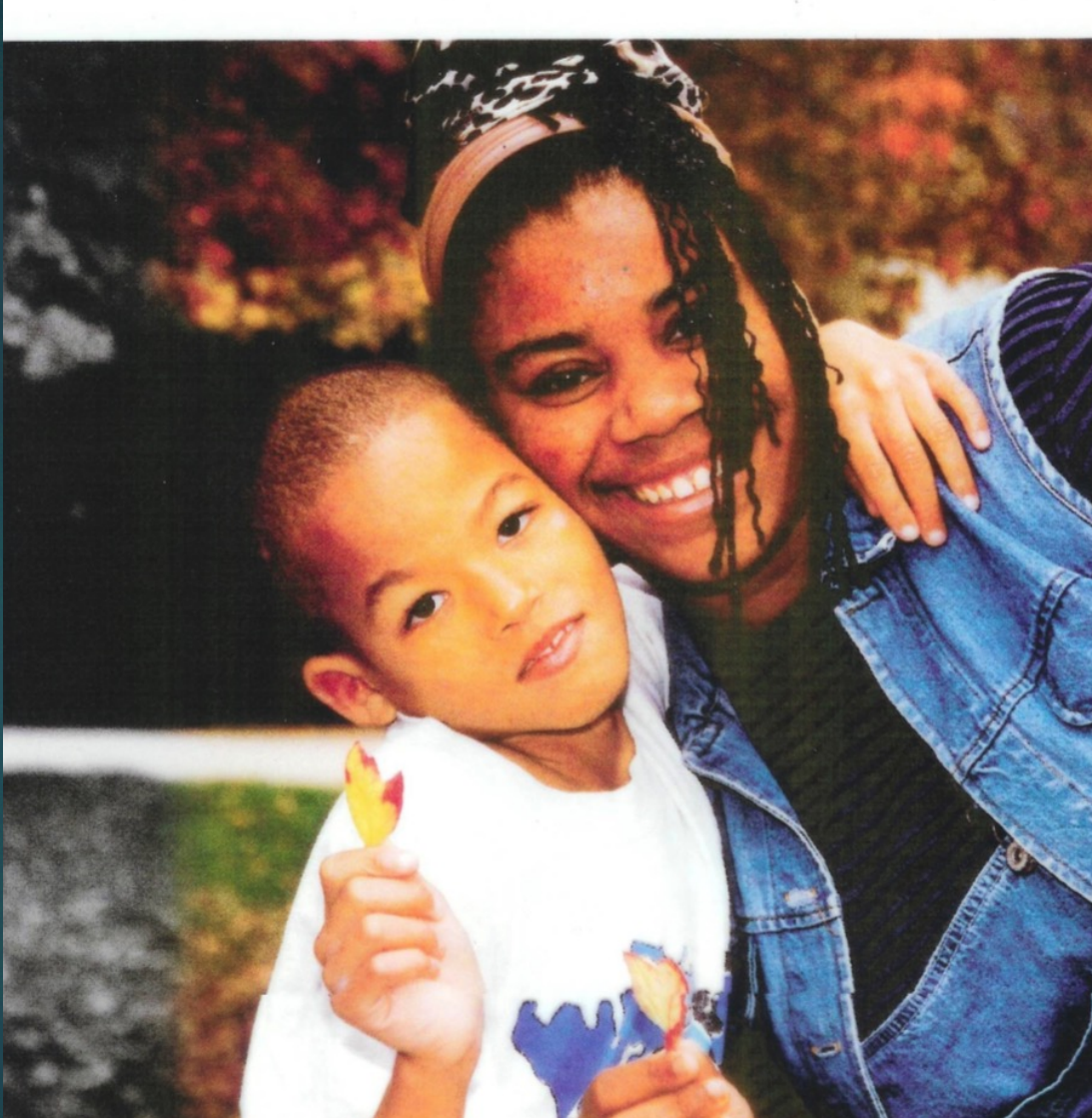
3. 'People like me'  
(stereotypes and role models)



4. Physical factors

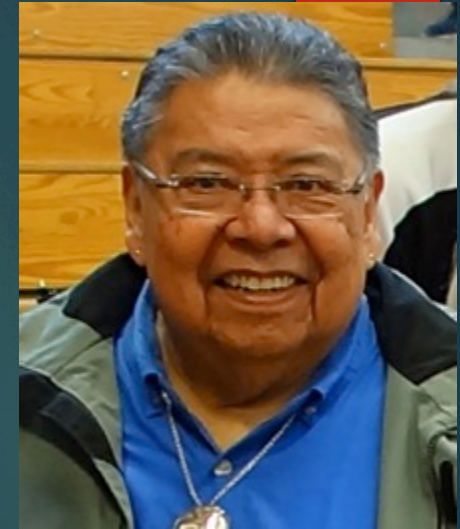
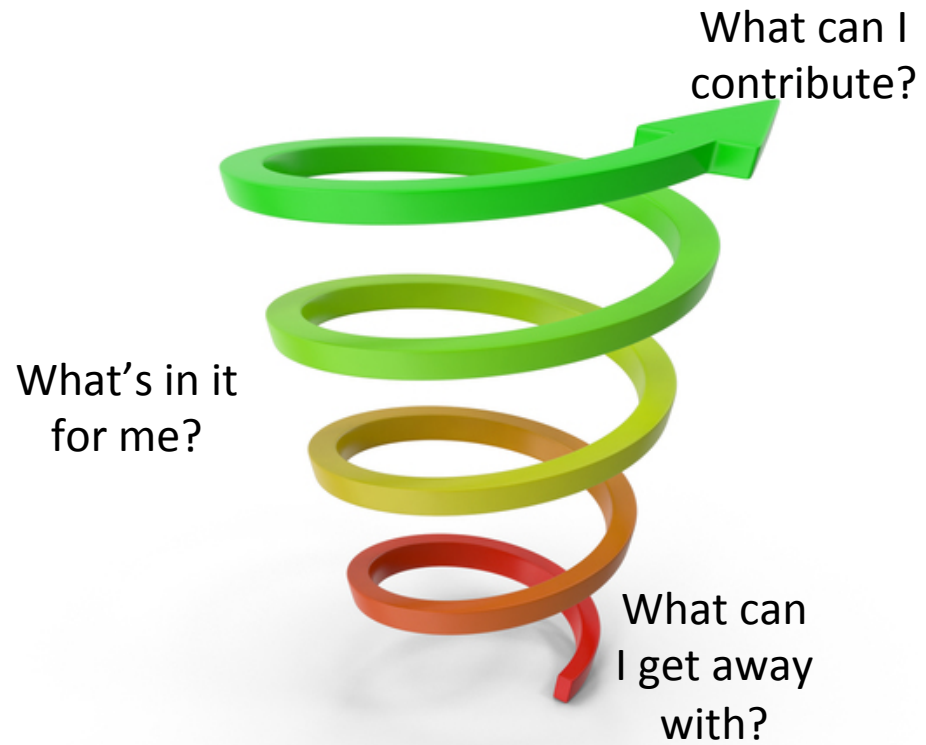


my mana is enhanced when...



I am generous  
toward others





‘Hurt people hurt people’

Dr. Martin Brokenleg

***Resiliency; what we have learned.***

Bonnie Benard





Helping helping  
to feel good





# The Va

